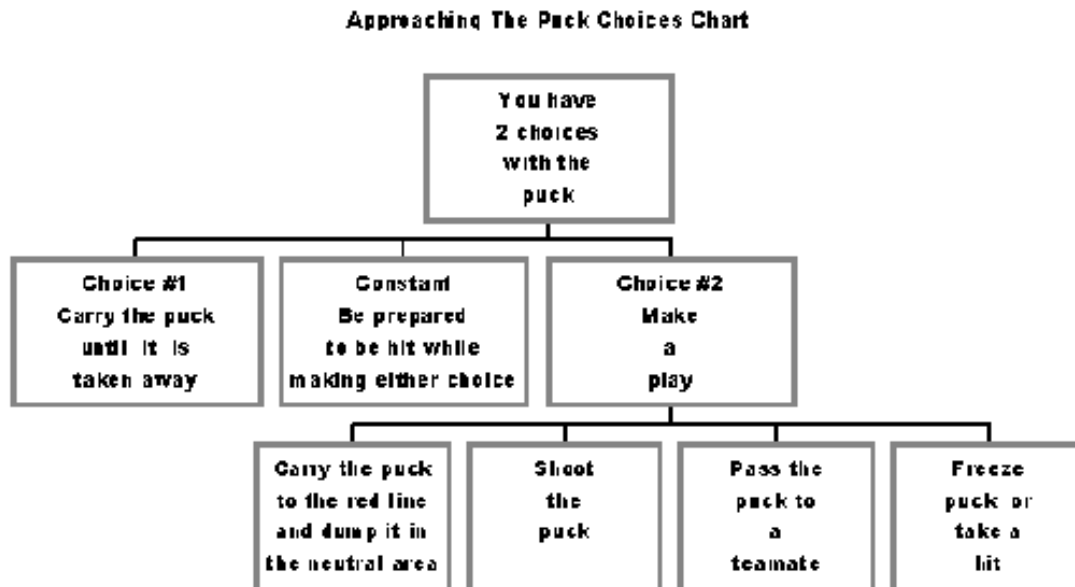


## Skills That Thrill

Study this chart and understand what you should do with the puck and you will notice a big improvement in your game. Below the chart is a run down of what the chart shows. Print a copy and study it before each game until you know it and it becomes part of your game.



When you skate up to a puck you have **2 choices**.

CARRY THE PUCK until someone takes it away, or make a PLAY WITH THE PUCK. It could be as simple as, passing to teammate, skating to the **red line** and dumping it in, or shooting. If a player keeps this in his memory bank and keeps it readily available for recall in any given situation the chance of making a bad play is almost impossible and rare.

I believe there are bad CHOICES made in those situations so keep the choice list short.

You have 2 choices

- Carry until some one takes the puck away
- OR make a play

You can make a play by doing the following and advanced players can add to list of plays. The more advanced you become the more you will be able to start anticipating or seeing 2, 3 or 4 plays ahead or in advance.

- Pass to teammate
- Skate to the **red line** and dump it in
- OR shoot

Now the only variable is making a PLAY or the above. The more advanced you become the more you will be able to start anticipating or seeing 2, 3 or 4 plays ahead or in advance.

This is a short list of choices, and not much to think about and that is what we all want, our students and players DOING better. In no way are we suggesting that you be a puck hog. When you hog the puck, you now have to beat 9 players on the ice to get a goal. For example look at all the best players they do not hog the puck they make the proper choice and plays every time. Want to learn more about this then get into our Forward and Defensive clinics coming this month. For now study this chart below on a regular basis and begin to understand **what to do with the puck.**

Jimmy Sonmez

Skills That Thrill

<http://www.skillsthatthrill.com>

1- 519-999-7718